



THE ULTIMATE GUIDE TO PREPARING
FOR YOUR BOUDOIR PHOTO SHOOT

My gift to you!
\$100 off your session fee

R O S E W O O D B O U D O I R . C O M

Hello Gorgeous!

I know you're nervous, but I promise this will be such a fun and empowering experience!

This guide will walk you through the experience, address some FAQs, and give you tips on how best to prepare for your session.

If you have any questions after reading through it, I'm always available to answer them!

If you'd like to chat before you book, email me directly at rosewoodboudoir@gmail.com.

I can't wait to talk to you!

- Kelsey Wood



THE EXPERIENCE



CONSULTATION

An optional 30 minute consultation gives us time to meet before your session.

We can get to know each other and chat about life!
We'll go over the Rosewood Boudoir experience so you know exactly what to expect.

We'll talk about what to wear and what to bring to your session.

You can ask all your questions and I'll bring a sample album for you to check out!

Once you book your session, I'll send over a questionnaire for you to fill out to help me tailor your session to you!

THE EXPERIENCE

THE SESSION

The day of your session, you'll come to my home studio with a clean face and clean, dry hair. Be sure to wear loose clothing so you don't leave imprints on your skin!

You can relax while my hair and makeup artist pampers you! We'll listen to your favorite music and hang out.

After hair and makeup, we'll discuss your outfits and finalize the order they'll be photographed.

You may feel nervous as we start your session and that is totally ok! After the first few poses, you'll be feeling confident and beautiful! The rest of the session will be relaxing and fun.

Once the session is over, we'll schedule a day for your reveal session (a few days later).

You'll leave my studio feeling like the stunner you are!



THE EXPERIENCE



THE REVEAL

You'll come back to my home and I'll have a slide show of your images for you to enjoy!

After that, you can select your favorites. I'll be there to help you choose photos that will go together well in your album. You'll choose a collection and leave the rest to me!

I'll design your album and send you a proof to review. Once you love it, I'll order your album!

Once your album arrives (after a couple weeks), I'll meet you somewhere convenient to deliver it!

Then, you just get to give it to your partner!

WHAT TO WEAR



When choosing your boudoir outfits, variety is key. Bring 5-6 options with you. Here are my best recommendations:

- One piece teddy/bodysuit
- Bra or bralette and panty sets
- Off the shoulder shirts/sweaters
- Loose tank top or sheer white shirt
- One of your partner's button up shirts or something else meaningful to you both
- Make sure your undies are cheeky or thong (consider sizing up so nothing is stretching in the photos)

FOR MORE INFO CHECK OUT MY BLOG:

[What to wear for a cozy boudoir session](#)

[What to wear for a sexy boudoir session](#)

[What to wear for a plus-size boudoir session](#)

[What to wear for a bridal boudoir session](#)

[Where to shop for your boudoir session](#)

WHAT TO WEAR: BRIDES

If you're a bride, you may want to highlight that in your boudoir session! I have a blog post specifically for you, but here's a snapshot of things to consider!

- White lingerie
- Bridal robe
- Veil
- Garter
- Engagement ring AND wedding band
- Wedding day shoes, jewelry, etc.
- Bride or Mrs. coffee mug or shirt
- Bouquet of flowers
- His button down



FOR MORE INFO CHECK OUT MY BLOG:

[What to wear for a bridal boudoir session](#)

TIPS TO PREPARE

TANNING

To tan or not to tan? That is the question!

In general, I recommend not getting one. You don't need a tan to look beautiful in your photos. The warm sunlight in my studio will make you glow regardless of whether you tan.

If you do want to tan, please do so no less than 3 days before your session to avoid streakiness or burns. Keep in mind that tan lines cannot be removed in the editing process.

If you choose to get a spray tan, go to a salon you have used before and trust. Believe me, before your session is not the time to try something new.

If you do spray tan, go 2 days before your session and shower at least twice before your session.

HAIR REMOVAL

Whether you shave or wax (or not) is up to you. Regardless, you should know, photoshop is not an effective hair removal tool.

If you shave, the day of your photoshoot is the best time to do it.

If you wax, 2-3 days before the session is best.



TIPS TO PREPARE

HAIR COLOR

If you color your hair, get your roots touched up before your session.

MANI-PEDI

While not required, a mani-pedi is a great way to prepare for your session! I recommend getting a neutral nail in a soft pink, nude, or French tip for best results.



HYDRATE

Drink plenty of water leading up to your session. This will clear your skin and give you a beautiful natural glow!

ARRIVAL

Come with a clean face and clean, dry hair.

Don't forget your outfits!

Wear loose clothing to prevent indentions in your skin.

FAQs

I'M NERVOUS! I DON'T KNOW HOW TO POSE.

I've got your back! I will coach you through everything and pose you in ways that flatter your body.

IS HAIR & MAKEUP REQUIRED?

You are always welcome to opt out of hair and makeup. That being said, I highly recommend opting in! I work with hair and makeup artists who are experts at providing looks that enhance your natural beauty without making you look like a different person entirely. Being pampered with hair and makeup is also a really fun part of the Rosewood Boudoir Experience!

DO I HAVE TO GET NAKED?

Nope! Your boudoir session should make you feel empowered and beautiful. If you aren't comfortable getting naked, you do not have to! Some women choose to wear some form of lingerie the whole time. Some women go topless. Some women do implied nude where they may or may not be wearing underwear at the time. At the end of the day, you wear (or don't wear) whatever you are comfortable with!

WILL YOU SHARE MY IMAGES ONLINE?

Absolutely not. I take privacy very seriously. I never share any images without express written consent. If you don't want anyone to see them, no one will see them.

[More FAQs Answered Here](#)

Still have questions?

Feel free to reach out to me and ask. I'm here to make sure your boudoir experience is incredible!

You can email me at any time at
kelsey@rosewoodboudoir.com and
I'll be happy to answer your questions.

Let's talk soon!

- Kelsey Wood

[Learn more at rosewoodboudoir.com](http://rosewoodboudoir.com)

